



HBV - HCV - HIV:
 THREE DIFFERENT AND SERIOUS THREATS FOR EUROPEAN YOUNG PEOPLE.
 A NETWORK TO STUDY AND TO FACE THESE CHALLENGES IN THE
 PARTICIPATING COUNTRIES.



REPORT OF THE SECOND PROJECT SEMINAR (D7)

1st – 2nd October 2010

Meeting venue: Golden Bay Beach Hotel, Larnaca (Cyprus)

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PARTICIPANTS:

Project partners: Camelia Sultana and Simona Ruta (IVN), Marianna Gidakou (KETHEA), Iwona Klapińska and Barbara Daniluk-Kula (National AIDS Centre), Aleksandra Sconieczna (SKA), Rita Simich (SEA), Carmine Falanga (ANLAIDS), Ventzislav Kirkov (BFPA), Anna Millerova (ZUUSTI), Kestutis Rudaitis (ULAC), Andreas Pavlakis, Tina Roussidou and Despina Michaelidou (OUC), Marianne Massa (DHPDH), Miran Solinc (SKUC), Dolores Forgione and Andrea Ferrari (ISES), Sergio Babudieri and Anna Bussu (UNISS).

External experts: Eberhard Schatz, Foundation De REGENBOOG GROEP, Mr. Dirk Gansefort, Centre for Interdisciplinary Addiction Research (CIAR) University Medical Center Hamburg, Martine van der Meulen, AIDS ACTION EUROPE.

APOLOGIES:

Mr. Alberto Martín-Pérez, Subdirección de Promoción de la Salud y Prevención - Consejería de Sanidad de la Comunidad de Madrid was not able to participate in the seminar given personal problems.

ACTIONS 1st OCTOBER 2010:

1. WELCOME:

- Hosting organisation, Open University of Cyprus, Andreas Pavlakis.

Mr. Pavlakis welcomed the participants and gave some logistics information about the meeting venue and the island of Cyprus.

- Scientific coordination of the project, Prof. Sergio Babudieri.

Prof. Babudieri addressed the participants thanking them for their efforts and work in the last project months and in particular, for the hard work carried out for the analysis of the local context and study of the literature.

- Project Manager and Administrative Manager of the project, Dolores Forgione and Carmine Falanga.

Ms. Forgione and Mr. Falanga welcomed and extended their thanks to Andreas Pavlakis for the organisation of the seminar and to the participants for their work done.

- All the partners and external experts introduced themselves and their organisations.

2. AROUND THE TABLE PRESENTATIONS OF THE ACTIVITIES CARRIED OUT BY THE PROJECT PARTNERS SINCE JANUARY 2010 UNTIL PRESENT:

Ms. Forgione (ISES) invited the partners in turn to give a short oral presentation about their activities carried out since January 2010 until present.



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3. PRESENTATION OF THE ACTIVITIES TO BE CARRIED OUT IN THE NEXT PROJECT PERIOD AND OF THE EXPECTED RESULTS OF THE SEMINAR:

Ms. Dolores Forgione (ISES) presented the activities carried by the project partners since the last seminar in Budapest (January 2010) until present:

- **February 2010:** Finalisation of the **report** about the analysis of the local contexts.
- **March 2010:** 1st project **press release** in each participating country.
- **May 2010: Identification of the best practices** according to the indicators and scheme coming from the Budapest seminar.
- Sending of the **Letter to the Ministries of Health** (UNISS and ISES will send the letters to non participating countries Ministries).
- Enhancement of the **project website:** upload of documents both on the English page and on the national pages.
- **Dissemination activities.**
- **September 2010:** submission of the **Interim Report** to the EAHC/EC.

In addition, Ms. Forgione gave an overview of the upcoming activities (M18 – M23), until the next project seminar in Poland:

- **By the end of October 2010:** definition and publication of the e-learning training **course material**.
- **Starting from December 2010:** production of the **prevention campaign material** .
- **By March 2011:** Submission of the **questionnaires to young people** for the KAP analysis.
- **April/May 2011: 3rd seminar in Poland** (Polish partners, National AIDS Centre and SKA, proposed as possible dates for the seminar May 25 – 26, 2011).

Finally, Ms. Forgione presented to the partners the objectives to be achieved during the seminar in order to identify the **H-CUBE E-learning training courses** to prepare health/education professionals and parents to teach on the specific HBV, HCV and HIV subjects.

The **objectives of the seminar were:**

- Definition of the H-CUBE e-learning training courses methodology;
- Definition of the courses contents (modules);
- How to evaluate the courses;
- Definition of the “quality standards” in case the courses are replicated in a face – to – face situation.

4. PRESENTATIONS OF THE PARTNERS AND OF THE EXTERNAL EXPERTS OF THE TRAINING COURSES IDENTIFIED IN THEIR COUNTRIES AND CLASSIFIED AS “GOOD PRACTICES”:

All the partners before the seminar had already identified 3 relevant training subjects programmes concerning HBV, HCV and HIV in their countries. The partners have classified their 3 courses as “good practices” given their real positive impact on health/educational professionals dealing with HBV, HCV and HIV among young people measurable in the last five years. During the seminar, the partners presented only the course (due to a shortage of time for 3 courses for all the partners) they considered the most interesting and whose methodology could be useful to define H-CUBE e-learning training course.

The presentations had also the kind participation of: Mr. Eberhard Schatz, Foundation De REGENBOOG GROEP and of Mr. Dirk Gansefort, Centre for Interdisciplinary Addiction Research (CIAR) University Medical Center Hamburg as external experts.



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5. DISCUSSION TO DEFINE THE METHODOLOGY/STRUCTURE/CONTENTS OF THE H-CUBE TRAINING COURSE ABOUT HBV, HCV AND HIV FOR HEALTH/EDUCATION PROFESSIONALS AND FAMILIES.

Mrs. Ruta and Mr. Shatz chaired this project session with the support of Mrs. Forgione and Mr. Falanga.

The partners discussed together with the project scientific coordinator to define the methodology, structure and contents of the H-CUBE training course.

The results of the discussions lead to a course structured as follows:

- **2 target groups:**
 - TARGET GROUP 1 - Teachers and Counselors
 - TARGET GROUP 2 - Health - education professionals and Health care support professionals
- **9 Modules:**

Module 1: GENERAL INFORMATION

Module 2: TRANSMISSION

Module 3: PREVENTION

Module 4: TESTING & DIAGNOSIS

Module 5: TREATMENTS

Module 6: LEGISLATION & STATE POLICY

Module 7: COUNSELLING & SERVICES

Module 8: METHODS-PROTOCOLS OF COMMUNICATION

Module 9: LIVING WITH HBV, HCV and HIV

Groups of 2-3 partners will be responsible for a module, its structure and contents.

Already during the seminar, the partners made a draft of each module index that however will be revised in the next weeks.

6. DISCUSSION TO DEFINE THE EVALUATION SYSTEM AND OF THE “QUALITY STANDARDS” OF THE H-CUBE TRAINING COURSE ABOUT HBV, HCV AND HIV FOR HEALTH/EDUCATION PROFESSIONALS AND FAMILIES.

Discussion to define the evaluation system and the “quality standard” of the H-CUBE training course has been postponed once the structure of the course will be defined and approved by all the project partners.



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ACTIONS 2nd OCTOBER 2010:

1. H-CUBE DIGITAL PLATFORM:

Mr. Ferrari (ISES) presented the official project digital platform that will host the project e-learning training course. He explained in detail how the platform works and how to upload autonomously documents, photos...He will be empowered to assist all the partners in this task.

2. EXTERNAL EXPERT PRESENTATION, MS. MARTINE VAN DER MEULEN, AIDS ACTION EUROPE :

Ms. Van der Meulen (AIDS ACTION EUROPE) presented the AIDS ACTION EUROPE CLEARINGHOUSE, its aims, its functions and perspectives. In particular, Ms. Van der Meulen presentation focused on how is important to encourage participants to upload materials on the digital platform and how to actively involve them in this task.

3. DIVISION OF THE PARTICIPANTS IN 2 WORKING GROUPS AND START OF THE WORKS:

WORKING GROUP A

PREVENTION CAMPAIGN MATERIAL

The **main objectives** for the participant in this working session are:

- To define the "**Prevention Campaign Materials**" of the H-CUBE prevention campaign.
- To develop the **messages** to be reported in the prevention material.
- To hint changes and/or improvements to the activity methodology without upsetting its structure in so far it is integral part of the Grant Agreement with the EC.

The **expected result** of this working session is:

- To propose an optimum structure and messages of the prevention campaign materials.

We will organise a prevention campaign to raise awareness about HBV, HCV and HIV/AIDS risk of infection among young people aged 15-24. Lesson learned by the local experiences of the partners will lead to the organisation of a prevention campaign addressing young people in most of their meeting venues as schools, discos, pubs, bars, sport centres, etc.

As stated in the Grant Agreement, "the prevention campaign will be based on:

Actions in traditional field:

- Flyers with Prevention Information: 50.000 flyers (in each project language: Bulgarian, Czech, Greek, Greek Cypriot, Hungarian, Italian, Lithuanian, Maltese, Polish, Romanian and Slovene) with information addressing young people of the cities involved in the project. The distribution will be made by NGOs operators or PAs involved in the project, thanks to the network of the participating partners.
- Posters: 500 posters with information addressing young people. The posters will be posted up in the meeting places of young people.
- Publication and dissemination of the H-CUBE CD-Rom (in 10.000 copies) in each project language. The CD-Rom will be delivered by postal services to the PAs or NGOs of the participating countries, the non participating EU MS will be able to download all the project materials on the project web-site. The project



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leader will provide to inform the Ministries of Health and the most important NGOs dealing with HBV, HCV and HIV of the non participating EU MS, by an official letter and/or an electronic communication, of the project.

- Press release on national newspapers: 2 press releases on national newspapers with high circulation (between 500.000 – 1 million, the first year of the project to present the first results of the project and to launch the campaign, the second one at the end of the project in the project countries)”.

So, The **deliverables** of this working session will have to be:

- Clear **definition** of the prevention campaign material we want to produce/publish (something different than the Grant Material? How big should be the leaflet? Which images should report?...);
- Key **messages** we want to report on the material. We do not expect the exact words of the messages but the information you think are fundamental to be reported on the leaflet/poster (Eg: definition of the diseases, ways of transmission, some facts & figures...)

WORKING GROUP PARTICIPANTS:

IVN – Camelia Sultana
BFPA - Ventzislav Kirkov
ULAC – Kestutis Rudaitis
OUC – Despina Michaelidou
SKA – Aleksandra Skonieczna
SEA – Rita Simich
ANLAIDS – Carmine Falanga
ISES – Andrea Ferrari
External expert – Dirk Gasenfort

WORKING GROUP B

DEFINITION OF TOOLS USED TO KNOW THE LOCAL CONTEXTS

The **main objectives** for the participant in this working session are:

- To formulate suggestions about the activity of **“The identification of best practices among EU countries, in particularly partners of H-CUBE project in the fight against HBV, HCV and HIV/AIDS”** proposed by the main partner- UNISS - to the EC.
- To hint changes and/or improvements to the activity methodology without upsetting its structure in so far it is integral part of the Grant Agreement with the EC.
- To define a **self administered questionnaire** addressing young people knowledge, attitudes and practices will be developed and distributed in their meeting venues .

The **expected result** of this working session is:

- To propose an optimum methodology for the intervention to use as a guideline for each partner to contribute in dissemination activities.
- To create questionnaires to allow the description of the current situation of HBV, HCV and HIV spread in H-CUBE participating areas. In this way, it will be possible to create KAP indicators and then, to better target and orient the project prevention campaign.
- To understand local contexts in depth investigating young people's ideas, beliefs, knowledge and activities. For this reasons, **the questionnaire will be administered at the beginning and at the end of the project, once that all the awareness raising activities will be completed, in order to**



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collect the least amount of information to determine whether KAPs have changed during the project time.

The **deliverables** of this working sessions will have to be:

- Creation of the **final questionnaire format** based on the one produced during the Budapest seminar and updated by the partners suggestions (please, review the questions marked in **blue**):
- The questionnaire has to be divided into **3 sections**: one addressing HBV, one HCV and one HIV. Each section will comprise 3 questions about the specific disease, its ways of transmissions and its management. Furthermore, each participating partners will add **6 questions reflecting their local situation** (social, cultural, religious values, educational system etc). So each questionnaire will have **9 fixed questions + 6= 15**
- The question-response format of the questionnaires will be:
 - *Open questions* allow respondent to answer in an unconstrained way, often using as many words as they like.
 - *Closed questions* provide two or more alternatives from which the respondents select the choice closest to their own thinking.
 - *Scaled questions* use a scale or range to measure responses (for example, 'agree strongly, agree, neither agree nor disagree, disagree, or disagree strongly').

H-CUBE questionnaires will use specific and clear language will avoid leading questions that encourage a respondent to answer in a particular way and will avoid complex questions. The order in which questions are asked can be as important as their wording. The questions should follow a logical progression so that the respondent will be:

- Immediately interested.
- Asked questions that become gradually more complex.
- Not asked for personal information too soon.

Finally, the layout of the questionnaires will be clear avoiding putting too much information onto a single page, leaving enough space for answers to open-ended questions, including the date, title of the study, and the name of the organisation conducting it and general instructions on how to complete it and avoiding splitting a question or its response across different pages.

The questionnaires will be realised in English and then translated into the partners native languages in order to be offered to the respondents in their mother tongue.

- Contents of the questions will be.
 1. **“Personal conditions”** of the respondent (e.g. How old are you? What is your sex? In what grade/class/standard are you?). Data describing how health risk behaviours and protective factors vary by demographic characteristics can help guide policy and program planning and implementation.
 2. **“Knowledge of young people about HBV, HCV and HIV”** (e.g. Are HBV, HCV and HIV infectious diseases? These diseases exist only among MSM and IDUs? HBV/HCV/HIV can be transmitted by?, From where did you especially get your knowledge about Hepatitis and HIV?).
 3. **“Sexual Behaviours”** of young people (e.g. Which is the most at risk behaviours for your health? According to you which of the following behaviours or situations are most at risk of HBV/HCV/HIV transmission? The last time you had sexual intercourse, did you use a condom?).
 4. **“HIV Testing”** beliefs of young people (e.g. Have you ever thought to get HIV tested? Have you ever been tested? Did you receive the results?).



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- For the 6 questions reflecting local situation (social, cultural, religious values, educational system etc) please identify key words that each partner has to respect in creating the questions in order to ease data comparison.

Please, note that the questionnaire will be anonymous and that there will be no personal data collected (name, address etc.) for the individual respondents. All answers will be kept under full confidentiality. This anonymous character of the questionnaire will be explained to each respondent before their consent for participation is received. At the end of the introduction, additional information and addresses for contacts will be offered to each respondent, despite of the fact whether they will take part at the survey or not.

WORKING GROUP PARTICIPANTS:

KETHEA – Marianna Gidakou
NAC – Iwona Klapinska
NAC – Barbara Daniluk-Kula
OUC – Tina Roussidou
OUC – Andreas Pavlakis
DHPDP – Maryanne Massa
SKUC – Miran Solinc
ZUUSTI – Anna Millerova
IVN – Simona Ruta
UNISS – Sergio Babudieri
UNISS – Anna Bussu
ISES – Dolores Forgione
External Experts – Martine van der Meulen, Eberhard Schatz

4. EVALUATION:

All the partners compiled an evaluation questionnaire related to the seminar in Cyprus and some management issues while the external experts participated in a focus group related to the project management, implementation and future activities evaluation. These groups have been managed by **Mr. Falanga** (ANLAIDS) and **Ms. Gidakou** (KETHEA).

5. MEETING CLOSURE AND GREETINGS:

Round table of greetings and thanking of all the participants.

Prof. Babudieri (UNISS) thanked all the participants and for all their efforts done so far on H-CUBE.

He summarised the work done during the seminar and opening a window on the future perspectives of the project.

Ms. Forgione (ISES) moved already toward Poland seminar in April/May 2011 and closed the work of these 2 days with the aim of a strong and committed work of all the partners in light of the challenges of H-CUBE future activities.

ANNEXES

- Seminar agenda
- Presentation of the working groups
- Pre-post campaign questionnaire template



UNIVERSITA' DEGLI STUDI DI SASSARI
ISTITUTO DI MALATTIE INFETTIVE



SECOND PROJECT SEMINAR

***“HBV-HCV-HIV: THREE DIFFERENT AND SERIOUS THREATS FOR EUROPEAN YOUNG PEOPLE.
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1st – 2nd October 2010

[Meeting venue: Golden Bay Beach Hotel, Larnaca \(Cyprus\)](#)

1st October 2010

h. 9.30 –9.45

Welcome:

- Hosting organisation, Open University of Cyprus, Andreas Pavlakis.
- Scientific coordination of the project, Prof. Sergio Babudieri.
- Project Manager and Administrative Manager of the project, Dolores Forgione and Carmine Falanga.

h. 9.45 – 10.15

Around the table presentations of the activities carried out by the project partners since January 2010 until present.

h. 10.15– 10.30

Presentation of the activities to be carried out in the next project period and of the expected results of the seminar, Dolores Forgione, ISES.

h. 10.30 – 10.45

Coffee break

h. 10.45 – 13.00

Presentations of the partners and of the external experts of the training courses identified in their countries and classified as “good practices”.

With the kind participation of:

Mr. Eberhard Schatz, Foundation De REGENBOOG GROEP.

Mr. Dirk Gansefort, Centre for Interdisciplinary Addiction Research (CIAR) University Medical Center Hamburg.

h. 13.00 – 14.30

Lunch at the **Golden Bay Beach Hotel** restaurant



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h. 14.30 – 15.30

Discussion to define the **methodology/structure** of the H-CUBE training course about HBV, HCV and HIV for health/education professionals and families.

h. 15.30 – 16.30

Discussion to define the **contents/modules** of the H-CUBE training course about HBV, HCV and HIV for health/education professionals and families.

h. 16.30 – 16.45

Coffee break

h. 16.45 – 18.00

Discussion to define the **evaluation system** and of the “**quality standards**” of the H-CUBE training course about HBV, HCV and HIV for health/education professionals and families.

h. 20.00

Gala dinner at the “**Vlachos Taverna**”

2nd October 2010

h. 9.00 – 10.00

H-CUBE digital platform, Andrea Ferrari, ISES

h. 10.00 – 10.30

External expert presentation, Ms. Martine van der Meulen, AIDS Action Europe

h. 10.30 – 10.45

Coffee break

h. 10.45 – 13.00

Working groups to elaborate the “prevention campaign material” and the “questionnaires for the identification of the best practices”.

h. 13.00 – 14.30

Lunch at the **Golden Bay Beach Hotel** restaurant

h. 14.30 – 16.00

Working groups to elaborate the “prevention campaign material” and the “questionnaires for the identification of the best practices”.

h. 16.00 – 16.30

Coffee break

h. 16.30 – 17.30

Summarising the discussion sessions results

h. 17.30

Meeting closure and greetings, Prof. Sergio Babudieri
Free dinner

3rd October 2010

Departures of the participants

PREVENTION CAMPAIGN MATERIAL: TRADITIONAL

COASTERS

USB BRACELETS (website, slogan and logo)

FLYERS (1/3 page)

POSTERS (A2 format)

T-SHIRTS (only for volunteers)

PINS

MOVIE ?



PREVENTION CAMPAIGN MATERIAL: DIGITAL

FACEBOOK PAGE (ENGLISH + NATIONAL LANGUAGES, if the partners want)

YOUTUBE CHANNEL with spots, videos...in all the project language.



PREVENTION CAMPAIGN MATERIAL: Keywords

LOVE

FORBIDDEN

SMART

TRENDY

COOL

CHECK (TEST)

SAFE

FREE

CHECK IT!





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YOUR ORGANISATION CONTACTS

e-mail: info@hcube-project.eu

website: www.hcube-project.eu

H-CUBE QUESTIONNAIRE

Before you answer:

The results of the survey will be used to gather the information about Hepatitis B, Hepatitis C and HIV / AIDS and make it more target-oriented.

Therefore, it is of vital importance that you will answer the questions honestly.

Participation in this questionnaire is completely volunteer and anonymous.

The results of the survey will be published when the data will have been processed.

The questionnaire:

Remember to read each question thoroughly before you answer.

It takes only 10 minutes to complete the questionnaire.

Please complete the questionnaire using a ball pen.

Thank you in advance!



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SECTION 1 – Personal Information

- **How old are you?**

- **SEX**

male female

- **What kind of education are you pursuing?**

- High School
- University
- Other (If other, please, specify)

- **Where did you grow up?**

- Village
- Town
- Metrourban area

- **Where do you live now?**

- Village
- Town
- Metrourban area



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SECTION 2 –Knowledge

1. Where have you heard about Hepatitis B, Hepatitis C and HIV? (select as many answers as needed)

	Hepatitis B	Hepatitis C	HIV/AIDS
TV			
RADIO			
INTERNET			
NEWSPAPERS			
MAGAZINES			
LEAFLETS			
BOOKS			
NEWSLETTERS			
SCHOOL			
FRIENDS			
FAMILY			
HEALTH PROFESSIONALS			
OTHER (please specify)			
NEVER HEARD ABOUT IT			



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Breast feeding									
Living with an infected person									
Sharing food									
Social contacts (shaking hands, hugs...)									
Other (please specify)									

3. Is there a vaccine for Hepatitis B, Hepatitis C and HIV/AIDS?

	YES	NO	DON'T KNOW
Hepatitis B			
Hepatitis C			
HIV/AIDS			



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SECTION 3 – Attitude

4. In your opinion, how could you protect yourself from contracting Hepatitis B?

5. In your opinion, how could you protect yourself from contracting Hepatitis C?

6. In your opinion, how could you protect yourself from contracting HIV/AIDS?



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SECTION 4 – Practice

	YES	NO	DON'T KNOW
Did you ever get tested for ?			
Did you get the results?			
Were you ever vaccinated for?			
Do you avoid coming into contact with blood?			

	YES	NO
Are you sexually active?		
If so, do you protect yourself against STIs?		

If yes, what kind of protection do you use?	
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At this point, each participating partner must add **6 questions reflecting their local situation** (social, cultural, religious values, educational system etc).

- The question-response format of the questionnaires will be:
 - *Open questions* allow respondent to answer in an unconstrained way, often using as many words as they like.
 - *Closed questions* provide two or more alternatives from which the respondents select the choice closest to their own thinking.
 - *Scaled questions* use a scale or range to measure responses (for example, 'agree strongly, agree, neither agree nor disagree, disagree, or disagree strongly').

KEYWORDS FOR THE LOCAL QUESTIONS

- Condom / Prevention measures
- Sex education
- Homosexuality
- IDUs
- Taboos
- Past prevention activities
- Media
- Tolerance
- Therapies
- Mother to child transmission